

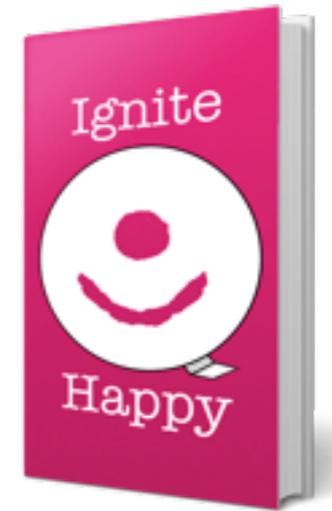


Darrin Tulley Bio



Darrin Tulley has more than twenty-five years in Corporate America where he started his career connecting numbers and is now connecting humans. Darrin helps people connect dots in life and business leading to influential change and meaningful outcomes.

Darrin founded **Ignite Happy, LLC** as the Chief Optimist to help people live and see a life of what's possible. **Using happiness as his platform for transformational change**, Darrin inspires real human change through keynote speaking engagements and experienced-based learning workshops featuring his **Ignite Happy Path** workbook all stemming from his current book planned for release later this year, titled **Ignite Happy**.



Darrin started his career actively helping companies as an accountant in a regional-based accounting firm where his love for numbers began. Here he connected with all levels of employees including c-suite leaders of businesses big and small. The importance of human interactions and building trusting relationships started in a role where he least expected it.

Darrin moved into the financial services sector where he has spent more than twenty years transforming teams around him within Fortune 500 Companies in the Hartford, CT area. He has successfully delivered significant results in a variety of leadership roles spanning across operational, financial and strategic positions where he led with a people first approach. In these roles, he influenced individuals and teams to find excitement in their jobs and align what they do to why they do it and to see the value they can bring in it. He has motivated individuals to stretch outside their comfort zones to boldly explore and deliver the value they were capable of bringing, leading to innovation and positive change. Ironically, it is here when Darrin realized that focusing on people first is where real culture shifts and transformations occur.

Darrin takes pride in helping employees and businesses find their uniqueness they bring to the world. He has the unique ability of blending his softer, human skills with his strategic business insights to build trust with others while helping them leverage their strengths and technical skills to new heights. Darrin has developed and presented dozens of business and self-betterment speaking engagements that were inspirational and thought-provoking for people to see how their best self and work are connected to a bigger purpose. As a business executive, Darrin volunteered and dedicated time to deliver workshops to help hundreds of employees learn skills with speaking up and going after what they really wanted. Darrin leads by example where he genuinely sees the humanity and care needed with diversity and inclusion of us all. He is a true diversity champion ensuring we are embracing and celebrating our differences and igniting our unique selves to thrive.

Darrin is a student of life where he is constantly fueling a continuous growth mindset through learning from others and research. He achieved his Masters Degree from the University of Connecticut Business School, Bachelors Degree from Siena College and attained his Certified Public Accounting designation early on his career. Loving husband, father of two amazing children caring for black lab guide dogs.



Darrin Tulley Presents:



Ignite Happy, LLC happily encourages action and inspires commitment that arouses humans to amazing places. Darrin is taking humans along a prescriptive path unique to each of us to overcome inertia and spark a happiness within that opens up the world around us filled with opportunities.

Darrin has found that too many people are “settled” into their lives and are on a path that is not what they dreamed of. Unfortunately for so many, life has become dim as if someone has been slowly pulling down our personal dimmer switch over time without us even knowing it. In addition, our society tends to confine us at times to be like everyone else and discourage us from being our true selves out loud. This compression on humans limits behaviors, beliefs and abilities to thrive.

Darrin’s goal is to move audience members from the comfort of their seats to taking action towards their transformational change as if their life is depending on it. He will also showcase the importance of inclusion to ignite the potential and beauty inside each of us just waiting to be unleashed. The audience becomes ready for sustainable change when understanding the value that comes from positive thinking and happiness.

Darrin takes the audience on a journey discussing why happiness and the importance to this common emotion people often snark at as our place for change. Darrin will share a collection of vulnerable stories that awoke him to see the lighted path to change leading to the formation of **Ignite Happy, LLC**. Darrin builds his case from scientific research to key messages in our surroundings everyday and intersecting multiple mediums for an engaging and transformational self-reflection journey.



Through personal experience and shared stories of success Darrin introduces audiences to the foundational **Ignite Happy Path** featured from his upcoming book, in an entertaining and informative way, and leaves the audience ready to embrace their happiness and embark on the path ahead. The **Ignite Happy Path** is a six-step prescriptive path uniquely created for people looking for practical solutions that are most relevant to them. The path syncs up a set of human fundamentals and dozens of prescriptive solutions in a purposeful way which is poised to spark excitement and wonder within.

He will playfully encourage the audience to **Stop Waiting for It, Go Ignite It.** “It (happiness) 😊 is inside and all around us waiting for us to turn ourselves upside down to make the connections to **Ignite Happy.**”

Ignite



Happy™

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Youtube: **Ignite Happy**

Spotify Playlist - Ignite Happy: **https://open.spotify.com/user/tulley3373/playlist/02pTPOfo8ECffUnxitKckc?si=sUgAoUqMSte1d0eu-4hJKw**

**“Live and see a life of
what’s possible”**